

Upcoming Workshops and/or Trainings

Sept/Oct 2012:

- ◆ Occupational Health & Safety in an Industrial Environment - Industrial Hygiene presented by Jorge Vizcaino, Certified Industrial Hygienist, Aero-Environmental
Date: Sept 27 2012
Time: 1:30 - 3:30 p.m.
- ◆ Personal Fitness with Certified Trainer, Denise Connors
Next 12 week program begins Sept 25 2012
Get Your Registration in Early - Limited Class!
- ◆ Heat Illness Prevention presented by Raul Calvo
Date: October 2012
Date/Time: TBA
- ◆ Women's Leadership Retreat at Mesa Del Sol Estate Retreat / Winery Spectacular Speakers!: Christie Mims, *The Revolutionary Club*
Denise Connor, *Wholly Fit Central Coast*
Karen Nardoza, *Moxxy Marketing*
Maria Boisvert, *RBC Wealth Management*
Sheila Dundon, *RISE Leadership Forum*
Date: Oct 20-21, 2012

What presentations or instruction would you like to see???

Send your suggestions to info@agforce.us

WORKPLACE ARCHITECTS

DESIGN | PLAN | BUILD ~ THE Work/Life FORCE You ENVISION

Industrial Hygiene

Occupational Health & Safety The Hidden Danger!

Your presenter, [Jorge Vizcaino](#), is a Certified Microbial and State of California Certified Asbestos Consultant. He has a Masters of Science in Biological Sciences from Texas A&M and is a Certified Industrial Hygienist.



Industrial Hygiene is the science devoted to the anticipation, recognition, evaluation and control of environmental factors in the workplace which may cause sickness, impaired health or significant discomfort among workers or even people in the non-workplace locations. Why invest in occupational health and safety?

- minimize workers' compensation costs
- improve productivity and worker satisfaction
- minimize workplace illnesses and injuries
- demonstrate management commitment to workers

When: Thursday Sep 27 2012

Time: 1:30 p.m. to 3:30 p.m.

Cost: \$75.00 per person

Where: 933 Blanco Circle, Salinas
AGFORCE Staffing & Exec Search

See Registration Form - Page Three

“Health Hazards and Industrial Hygiene in Agriculture and Construction will be a comprehensive discussion of many common industrial hygiene issues encountered in these two industries. This presentation will cover asbestos management, mold and other biohazards, heat exposure and heat illness, respiratory hazards such as dust and pesticides, skin exposure, chemical hazards, and ergonomic hazards” says Vizcaino. A general overview of these hazards will be reviewed as well as a regulatory update on many of these issues.

RSVP: Registration form is attached and can be faxed to (831) 417-2796 or mailed with payment to PO Box 1715, Salinas, CA 93902

More... Interview Tips to be Tops

1. Stand as soon as the interviewer arrives and give a warm and hearty handshake, Don't wait until they grab your fingers - extend your hand and then hold the handshake for a beat as you look them straight in the eye and smile and tell the person how pleased you are to meet him or her. This simple gesture sets a strong tone right out of the gate. *However, don't squeeze their hand so hard that it hurts! Handshake should be firm but not overpowering.*

2. Don't be shy about making pleasant small talk on the way to his or her office. Confident people strike up a friendly conversation and try to relax the interviewer (they are always nervous, too). However, keep the chattiness to a minimum. You don't want to be pegged as a “Chatty Cathy!

3. Bring your notes and don't be afraid to use them. It makes you look well-prepared. If something of interest is mentioned about the job, pause and write it down.

4. Listen to your interviewer. Hear what they are saying and stay focused. Initially let them lead the interview and direct you. You will have the opportunity to express your thoughts after they have explained their role, company dynamics and goals. Be sure to let them bring up money. Never act as if that is your main focus.

5. Rehearse your CAR stories so you can assert yourself and interject them. What is a CAR story? To be continued.....

Join health and fitness guru, **Denise Connors-Willett** for personal training in the newly renovated AG-FORCE space. Connors will take each individual through a twelve week journey to a more fit destination! Twelve week program is limited to six people to allow for personalized attention so be sure to register early!

Denise is an inspiration to all who meet her as she is one of the rare medical educators who



lives her life by example: She was trained as a vocational nurse, has two degrees in health sciences, holds a state record in power fitness competition, in addition to being a certified fitness trainer. And if that isn't enough, she also is the mother of three sons, ages 22 through 29!

Prior to dedicating her professional career to life coaching and fitness consulting, Denise worked in the critical care and emergency room setting for both Kaiser Hospital in Walnut Creek and Santa Cruz Community Hospital. Her extensive background in health sciences has given her an acute awareness of the serious need for early intervention and patient education in all aspects of medical weight loss counseling.

Denise has been especially successful in encouraging her clients to adopt practical changes in their lives. These practical changes include making better food choices, adopting better cooking techniques, allowing for more activity in daily life, and finding a better balance between work life and home life. We are honored to have Denise as part of our collaborative team and believe that she personifies the ultimate commitment to providing the very best in quality fitness and life balance/health coaching.

When: Every Tuesday

Starting September 25, 2012

Time: 4:30 p.m. to 5:30 p.m.

Cost: \$395 for 12 week program
(\$200 for six week program)

Where: 933 Blanco Circle, Salinas
AGFORCE Staffing & Exec Search

The next **12 week series** is now open for registration! If you went through the first twelve weeks, you have two free sessions coming.

Denise will begin the fitness training on September 25, 2012. with one hour sessions every Tuesday at 4:30 p.m. Denise is a ball of energy and a delight to work with. She strongly believes in incorporating a healthy lifestyle into your every day routine without stepping into a gym thereby mixing education with exercise.



Career Opportunities!

Accounting Clerk w/Famous
Performance-to-Hire
Salinas, CA

Administrative Accounting
Assistant w/Marketing Focus
Performance-to-Hire
Needed Immediately!
Salinas, CA

Harvest Operations Manager
With strong Human Resources
Grower/Shipper/Processor
Salinas, CA / Brawley, CA

Quality Assurance Director
with Food Safety Emphasis
Food Manufacturer
Salinas, CA (National Locations)

Grower Ops Controller
Grower/Shipper/Packer
Salinas, CA

Safety Coordinator
Harvesting Operation
Santa Maria to Oxnard, CA area

Food Safety/Quality Director
Grower/Shipper/Packer
Salinas, CA / Yuma, AZ

Quality Assurance Manager
Grower/Shipper/Packer
Oxnard, CA

Visit: www.ProducePros.com

Other Central Coast Happenings!

Master the Art of a Birthday
Celebration honoring Julia Child
Hyatt Carmel Highlands
Sunday Aug 26 | 5:30 p.m.
See: www.AIWF.org

Monterey County Fair

Burgers & Beer Tasting Festival
Brought to you by California
Women for Agriculture, SLO
Where: Creston Loading Chute
Sunday, Sep 2 | 5:00 - 9:00 p.m.
Call Sarah at (805) 474-2762

REGISTRATION FORM

Cancelations will be accepted with two days advance notice. Registered attendees without a written cancelation and no-shows will be invoiced and payment expected. Invoice is due upon receipt.

Attendee Information

Date _____

Name: _____ Prefer to be called: _____
Last First Middle

Address: _____ City: _____ State: _____ Zip _____

Home Phone (_____) _____ Work Phone (_____) _____ Cell Phone (_____) _____

The best time to contact me is: _____ A.M. P.M. on my Home phone Work phone Cell phone E-mail

Employer _____ Address: _____

How did you hear about us? Employer E-mail LinkedIn Facebook Other _____

Email Address _____ Would you like to receive our e-newsletter? Yes No

Please make checks payable to **AGFORCE** | Mail to: Post Office Box 1715, Salinas, CA 93902 | E-Fax Number: 831/417-2796

WHO WE ARE | WHY AGFORCE?

Talent Acquisition, Staffing and Executive Search for Grower Operations, Fresh Produce, Food & Beverage Processing, and Agribusiness. We operate with the highest level of consideration and ethical standards. We are local seasoned professionals dedicated to the industry and the Central Coast Community.

AGFORCE is now offering workshops, classes, ongoing **safety training** and **human resources consulting** to our valued food/beverage manufacturing, producers, processors, and agribusiness clients as well as personal and professional development on various human interest topics.

Additional office space provides the opportunity to have intimate **focus groups** offering professional development and **classes meeting compliance requirements**. On-site training available!

- Design | Plan | Build**
- Compliance Training
- Safety and Risk Assessment
- Labor and Human Resources Consulting
- Talent Acquisition, Staffing and Executive Search**

Training | Workshops | Classes

Yes! Please sign me up for:	Time	Price	Units
<input type="checkbox"/> Heat Illness Prevention by Raul Calvo TBD	09:00 a.m.	\$ 75.00	
<input type="checkbox"/> Industrial Safety and Unseen Hazards Presented by Jorge Vizcaino Sept 27	1:30 p.m.	\$ 75.00	
<input type="checkbox"/> Health & Fitness Training by Denise Connors Twelve Week Program Begins in Sept	4:30 p.m.	\$ 395.00	
<input type="checkbox"/> Women's Leadership Retreat Mesa Del Sol Full Two Day Program	8:00 a.m.	\$ 295.00	
<input type="checkbox"/> Women's Leadership Retreat Mesa Del Sol Saturday Program All Day Inclusive	8:00 a.m.	\$ 250.00	
<input type="checkbox"/> Women's Leadership Retreat Mesa Del Sol Sunday Program w/BBQ	9:00 a.m.	\$ 75.00	
<input type="checkbox"/> Women's Leadership Retreat Mesa Del Sol Sunday Guest for BBQ		\$ 40.00	
Subtotal:		_____	_____
Method of Payment		Total: _____	_____
<input type="checkbox"/> Check		_____	_____
<input type="checkbox"/> Bill Me at address above		_____	_____
<input type="checkbox"/> Visa - Click here		_____	_____
<input type="checkbox"/> MasterCard - Click here		_____	_____
<input type="checkbox"/> American Express - Click here		_____	_____

To pay by credit card, you must register by visiting www.eventbrite.com to purchase your "ticket". Thank you.

Signature _____

Mailing Address:
 Post Office Box 1715
 Salinas, CA 93902

Phone: 866 440 7932
 Phone: 831 758 HIRE | 4473
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